



MONTESSORI SCHOOL ALMERIA
Growing place

MONTESSORI SCHOOL ALMERIA: SCREENS AND DIGITAL DEVICES

When a family enrolls the child in a Montessori school, it is working to provide a learning model based on self-exploration and active learning and respect.

The use of screens in a periodic or very excessive way interferes with the learning that takes place; impulsivity, lack of concentration, hyperactivity, hypercontrol are some of the characteristics that favor the continued use of mobile devices and that are placed against learning.

Computer - parents should:

- Show that the computer is a work tool and use it as such.
- Help to look for the information, being always present.
- Arrange the computer in a common area of the house, avoiding the use alone, behind closed doors.
- Limit the time of use.

Offer alternatives for the search of information, libraries, consult relatives or friends specialists in the subject.

TV—parents should:

1. Turn it off. Better yet, do not turn it on in the first place. The worst thing about TV is that it consumes precious time and displaces more valuable pursuits.
2. Know that, generally speaking, the least significant pursuit on this list is more valid and enriching for the children than the finest television program.





3. Realize that every half hour children spend in front of the TV can be a half hour spent breaking down family life, shortening concentration span, reducing self-motivation, increasing irritability, developing hyperactivity or passivity, regardless of the quality of the program.

4. Plan ahead, if there is one program during the week that you feel your children simply must not miss. Do some research, have a discussion, and have your child read, write and illustrate. Write a list of questions to be answered. Watch the program with your children. Discuss it afterwards. Recall the program together days later. Remark on details remembered. Relate it to something that comes up.

Radio and Tape Player—parents should:

1. Create the family culture, carefully selecting music for your home.
2. Remember children are members of the family and while under the age of 13 years are too young for unlimited choice in music.

Video Games—parents should:

1. Store them and bring them down for one hour once a month.





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Mobile Phone- parents should:

Know that learning and technology specialists do not recommend having cell phones before age 12 and WhatsApp does not allow your device to be used by children under 16 years of age.

1. Remember the use of a mobile phone is not a toy.
2. Remember than adults must be a good role model. We all know that our children are more influenced by what we do than by what we say. Examine your own practices and ask yourself whether you are modeling behaviors that you want your children to display.
3. Children don't can use the phone alone. Check all time e it use





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Alternatives to the use of digital devices:

- In the car

Poems, songs, music discs, games on the landscape. Our children are developing attention and concentration in the classroom, inside the car they can also help to develop our task.

-In public transport

Look at the buildings, name the stops, offer information.

-Communication with colleagues

Writing letters or messages

Traditional landline calls, help to press numbers and memorize them.

Montessori education is continuous. Therefore, it is important that children have a continuous opportunity, at home, to take responsibility, bear the natural consequences, manage their time and choose activities wisely from a carefully prepared selection.

The child needs a "prepared environment" at home as much or more than at school.

